



St. John's Catholic Primary School

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Mrs Paula Cooneyhan
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5 October 2018

Dear Parents/Carers

As part of our Science this term, we have been discussing how our bodies work. This is the perfect opportunity to begin our PSHE learning about puberty.

The learning intentions for our discussions are to ensure that our children:

- can identify the physical, emotional and behavioural changes that occur during puberty for both boys and girls
- understand that puberty is individual and can occur any time between 8-17
- understand that their body changes at puberty

Your child may have some questions for you at home after we discuss this in class (during the last week of this term) and we thank you in advance for your support with teaching them this important area of the National curriculum.

Yours sincerely

J. Steenhuis

Miss Steenhuis
Year 6 Leader